

Wholesome ² Subs Catering

All items on our menu includes hot or cold subs / wraps, salad, soups, potato salad, pasta salad, quinoa salad, Asian slaw, dips & chips, beverage, desert, etc.

Hot entrees:

- Asian style ribs \$5.99/ person (3 ribs)
- Sizzling shrimp \$16/lb (21-25 large shrimp)
- Slow cooked Pulled pork \$45/ pork butt (~8 lb 3 oz)
- Oven baked chicken leg quarters \$3.29 each
- Baked spaghetti \$42/half pan (8-9 portions)
- Kabobs – Shrimp/Steak/Chicken \$3.25/\$3.25/\$2.75 per 8" stick
- Kimchi fried rice \$40 per half pan
- Udon noodle stir fry \$45 per half pan

Subs party tray:

- Cold deli meat (ham/turkey/salami/tuna salad) \$5.99/8 inches or \$9.99/12 inches
- All our signature subs / wraps or create your own subs / wraps (check our menu for pricing)

Salads:

- Vegetarian garden salad - lettuce, avocado, beans, tomato, cucumber, onion, black olive, shredded cheddar cheese with dressing of your choice \$6.99/person
- Ham/Turkey/Tuna salad cold salad – lettuce, tomato, cucumber, onion, shredded cheddar cheese with dressing of your choice \$7.99/person
- Warm Shrimp Salad - lettuce, tomato, cucumber, onion, dried cranberry, mandarin orange, lime juice and home-made ranch dressing \$7.99/person
- Grilled chicken citrus salad - lettuce, tomato, cucumber, onion, dried cranberry, mandarin orange, corn and cranberry citrus dressing \$7.99/person

Sides:

- Stir fried or oven roasted vegetables \$20/half pan
- Side salad \$2.5/person or \$20/half pan or \$38/full pan
- Steam multi grains rice \$8/pan (half size)
- Baked potato wedges \$1.79/person
- Potato salad \$2.49/person
- Macaroni Salad \$2.49/person
- Quinoa salad \$2.79/person
- Fruit cup \$2.29/person or \$20/ half pan or \$38/full pan

Soup:

- Garden vegetable soup \$3.25/12oz
- Broccoli cheese soup \$3.25/12oz
- Bean soup \$3.25/12oz
- Brunswick stew \$3.49/12oz
- Chicken vegetable soup \$3.49/12oz



Wholesome ² Subs is a new health conscious restaurant that serves new American, Asian styles wraps, subs, salads and soups with fresh ingredients and healthy recipes in downtown Mooresville. Wholesome ² Subs is locally owned and run by Kit Leung, a registered dietitian, the expert of food and nutrition, gives confidence to customers that they would be able to enjoy wholesome and delicious foods. We emphasize healthy cooking using fresh ingredients. We encourage eating more vegetables, fruits and whole grains. We do not serve anything deep-fried, and we don't use any MSG. We prefer natural herbs or low sodium seasonings to salt or other ready to use sauces in order to reduce sodium content. Our goal is to provide wholesome, fresh and delicious foods, and educate public about healthy cooking and eating. Our address is 246, N Main St, Mooresville. Our phone number is (704) 660 3571. Please visit our website and facebook page for more information www.wholesome2subs.com.

Call to order (704) 660 3571 (please order 2 days in advance)

www.wholesome2subs.com

10% off if order more than \$300